



Polasaí ar an chlár Bí Sábháilte



Is cur chuige bunaithe ar an mbunscoil i leith mí-úsáid leanaí a chosc é an Clár um Chosc ar Mhí-Úsáid Páistí (Bí Sábháilte). Is é aidhm an chlár an baol a bhaineann le mí-úsáid leanaí agus le bulaíocht a mhaolú trí chlár oideachais um shábháilteacht phearsanta a sholáthar do leanaí bunscoile, trí fhorbairt ghairmiúil a sholáthar do mhúinteoirí, trí oiliúint a sholáthar do Bhoird Bainistíochta agus trí sheisiúin faisnéise a sholáthar do thuismitheoirí.

Is clár scileanna um shábháilteacht phearsanta é an clár Bí Sábháilte do leanaí bunscoile, ó na naíonáin shóisearacha go dtí rang 6. Is é aidhm an chlár cur le scileanna féinchosanta na leanaí trí rannpháirtíocht i gceachtanna ar chásanna sábháilte agus baolacha, ar bhulaíocht, ar theagmháil mhíchuí, ar rúin agus ar an mbaol ó strainséirí.

Is é aidhm an chlár na scileanna cuí a thabhairt do leanaí a chuirfidh ar a gcumas mí-úsáid agus íospairt a aithint agus cur ina n-aghaidh agus múineann sé dóibh gur cheart a rá le duine fásta atá in ann cabhair a thabhairt dóibh i gcónaí, má tharlaíonn aon rud a mheasann siad a bheith baolach, a chuireann isteach orthu, a dhéanann bagairt orthu, a bhíonn contúirteach nó a mbaineann mí-úsáid leis.

The Stay Safe Programme is a primary school-based approach to the prevention of child abuse. The aim of the programme is to reduce vulnerability to child abuse and bullying through the provision of a personal safety education programme for children at primary school level, continuing professional development for teachers, training for Boards of Management and information sessions for parents.

The Stay Safe programme itself is a personal safety skills programme designed for use with primary school children from Junior Infants through to 6th class. The programme seeks to enhance children's self-protective skills by participation in lessons on safe and unsafe situations, bullying, inappropriate touch, secrets, telling and stranger danger.

The programme aims to give children the skills necessary to enable them to recognise and resist abuse/victimisation and teaches them that they should always tell (an adult that can help) about any situation which they find unsafe, upsetting, threatening, dangerous or abusive.

Múintear an clár mar chuid den Churaclam OSPS gach dara bliain, sa dara théarma de réir na nósanna dea-chleachtas atá molta.

Stay Safe is taught as part of the SPHE (Social Personal and Health Education) curriculum and as per best practice recommendations it will be taught on a rolling two-year cycle in the second term of the year.

Spreagtar thuismitheoirí chun páirt a ghlacadh trí na téamaí cuí a phlé lena páistí agus seoltar abhaile leathanaigh oibre chuige seo.

Parents/Guardians are encouraged to become involved by discussing each lesson with their child and helping their child to complete each worksheet based on the lessons in the programme.



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Tugann an scoil réamheolais do na tuismitheoirí i bhfoirm litir agus moltar dóibh breathnú ar an suíomh www.pdst.ie/staysafe

Parents are informed in advance of commencement of teaching the Stay Safe Programme. They are directed to www.pdst.ie/staysafe to see the content of the lessons and for any further information they might need.

Mura bhfuil tuismitheoirí ag iarraidh go nglacfaidh a pháiste páirt sa chlár iarrtar orthu litir a sheoladh ag míniú an fáth. Coimeádfaidh an scoil an litir i gcód an páiste.

If a parent informs the school that they wish to withdraw their child from the Stay Safe Programme, a written record of their reasons for doing is required from the parent. This is retained on the child's school file.

Sínithe: 

Dáta: 05/11/2025